

## Camp Information

### Rate includes:

Father AND Son Room and Board (all meals), tickets and transportation to Nickelodeon Universe at Mall of America, Camp T-shirt and Camp notes. Reduced Pricing (\$150) for each additional son(s)

### HOW TO REGISTER

**ONLINE:** All online registrations must be paid in full with credit card. To register online go to: **www.augsburgwrestling.com**

**MAIL:** Complete registration form and include the **non-refundable deposit of \$100**. Please make checks payable to:  
**Augsburg Wrestling Camps**

## Father-Son Schedule

### Friday, June 15

6:00 Check-In  
7:00 Technique Session and Games  
8:30 Movie & Pizza Party

### Saturday, June 16

7:30 Breakfast  
9:00 Technique Session and Games  
11:00 Lunch  
12:00 Camp Outing to Nickelodeon Universe  
5:00 Dinner  
6:00 Technique Session and Games  
8:00 Father Activity / Son Activity  
9:00 Late Night Snack and Movie

### Sunday, June 17

7:30 Breakfast  
9:00 Technique Session and Games  
10:00 Check-Out

## Registration Form: Father Son Camp

We are Campers:

\_\_\_\_ \$350 for Father AND Son  
\_\_\_\_ \$150 for each additional son

Father's First Name: \_\_\_\_\_

Father's Last Name: \_\_\_\_\_

Son's Name(S): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Grade Next Fall: \_\_\_\_\_

School or Club: \_\_\_\_\_

Weight: \_\_\_\_\_ Son's Age: \_\_\_\_\_

Father/Guardian Name: \_\_\_\_\_

**A \$100 non-refundable deposit** is required with all mail-in applications. The remaining balance is due prior to or at check-in. All online applications must be paid in full at time of registration.

Please make checks payable to:  
**Augsburg Wrestling Camps**

## Insurance/Health Information

Insurance Company: \_\_\_\_\_

Insurance Phone: \_\_\_\_\_

Group & Policy Number: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_

Effective Date of Coverage: \_\_\_\_/\_\_\_\_/\_\_\_\_

Other Health and Accident Coverage: \_\_\_\_\_

Medical Conditions/Special

Instructions (please include major past injuries, medications, and allergies):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Emergency Contact Name AND Number(s):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**I verify that my child has been checked by a licensed physician and is physically able to participate in the wrestling camp. I agree to allow my child to be treated by a licensed physician while attending, if necessary, and to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance company for the purpose of claim. I understand that there is no refund of the deposit if we (parent or child) cannot attend camp.**

Parent or Guardian's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Camp Instructors



**Orlando Ponce**  
Augsburg University Assistant Coach

Ponce was a three-time All-American and three-time national finalist for the Auggies. He wrestled on the 2010 national championship team and helped coach the 2015 national championship team. Ponce currently is the owner of Ponce Trainer Wrestling. He has been a coach with the Auggies since 2012.



### CAMP SPECIAL FEATURES

- Great way to spend Father's Day weekend
- Great way for kids to build confidence and self-esteem!
- Orlando Ponce of Ponce Trained Wrestling will provide instruction at all sessions
- Special Father-Son combined sessions and activities
- Augsburg Wrestlers and Assistant Coaches will serve as Camp Clinicians and Counselors
- Special Technique sessions
- Father-Son Camp T-shirt!
- Father-Son outing to Nickelodeon Universe at Mall of America
- Camp outing included in price of camp
- T-shirt/Shorts can be worn at all practices

**Jeff Swenson**  
Augsburg Camp Director/  
Athletic Director



Swenson coached the Auggies to win 10 NCAA National Championships. He was NCAA Coach of the Year 6-times and coach of 158 All-Americans and 39 NCAA National Champions. He was named USA Wrestling Coach of the Year. He was a 3-time All-American and National Champion.



**Jim Moulsoff**  
Augsburg University Head Coach

Moulsoff coached the 2010 and 2015 NCAA national championship teams and 2009, 2011, 2012, and 2017 national runner-up teams. He has coached 40 NCAA region champions, 46 NCAA All-Americans, eight NCAA national champions, and 38 NWCA Scholar All-Americans. His teams won two NWCA National Duals Team Championships and nine NCAA Regional Championships during his tenure.



## 12th Annual Augsburg University Father Son Camp! Father's Day Weekend June 15th - 17th, 2018 Ages 5-12 12-time NCAA National Champions



Camp Details & Online Registration  
can be found at:  
[www.augsburgwrestling.com](http://www.augsburgwrestling.com)  
Camp Hotline: 612-330-1610

**Augsburg University Wrestling Camps**  
2211 Riverside Ave CB 313  
Minneapolis, MN 55454  
**Jeff Swenson, Camp Director**  
Cell: 612-327-0708

## **2018 Waiver and Release of Liability**

In consideration of my participation, I hereby forever release and covenant not-to-sue Augsburg University, the Augsburg University Board of Trustees, and any of their employees, instructors, volunteers, agents, and all others who are involved, from any and all present and future claims resulting from ordinary negligence on the part of the University or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in Wrestling Camp activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims both present and future, resulting from ordinary negligence, that may be made by me, my family, estate, heirs, estate or assigns, and I relinquish on behalf of myself, spouse, heirs and assigns the right to recover for injury or death.

I am aware that wrestling is a vigorous activity that can involve severe cardiovascular stress and violent physical contact. I understand that Wrestling Camp involves certain risks and activities incidental thereto, including, but not limited to, travel to and from the site of the activity, participation at sites that may be remote from available medical assistance, and the possible reckless conduct of other participants.

I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death.

I acknowledge that while the University will make every reasonable effort to minimize exposure to known risks, all stresses and hazards associated with this activity cannot be foreseen. I have a personal responsibility to follow safety rules and procedures established by (my leaders, coaches, etc.) and will make them aware of any point in which I question my ability to participate in any activity. I further agree to indemnify and hold harmless Augsburg University and others listed for any and all claims arising as a result of my participation in wrestling camp activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of the State of Minnesota, and I agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in the State of Minnesota.

**As the parent/legal guardian of the participating wrestler(s), I am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of Augsburg University or any of the parties listed above. I understand that this agreement is a binding legal document.**

**CAUTION: READ THIS DOCUMENT CAREFULLY BEFORE SIGNING:**

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Name of Wrestler(s)

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(Address and Telephone Number)

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(Signature of Parent/ Guardian if Participant is a minor) Date signed

**FAX TO: AUGSBURG UNIVERSITY WRESTLING OFFICE @ (612) 330-1372**