

Special Features

- One-on-One instruction and coaching
- Special instruction for young and/or inexperienced wrestlers
- Laundry services every day
- Camp Notes available at the end of camp
- Free Camp T-shirt
- Augsburg University Wrestlers and Coaches serve as Camp Counselors
- Licensed Athletic Trainer at each session
- Camp Store with Auggie gear and the latest equipment from Adidas, Asics, Cliff Keen, and more!
- Instruction from 2018 Minnesota State High School Championship Coaches

CAMP AWARDS

"Auggie Award" Trophies, "Most Valuable Wrestler" Trophies, "Mr. Hustle" Trophies, "Dual Meet Team Champions" Trophies, Individual and Team 1st, 2nd, and 3rd Place Tournament Trophies and Medals



Camper fees

Camper Fee: \$350 + \$75 Damage Deposit
Rate includes: Room and Board (3 meals/day), laundry service, camp t-shirt and camp notes. A \$75 Damage Deposit is required for all campers. The Deposit is shredded after camp, providing no damages were incurred.

Commuter Fee: \$250 Rate includes: 3 meals/day, camp t-shirt and Camp notes

Registration Form: Technique Camp

_____ I am a Camper @ \$350

_____ I am a Commuter @ \$250

First Name: _____

Last Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone Number: _____

Parent Email: _____

Roommate Request: _____

Grade Next Fall: _____

Weight: _____ Sex: M F Age: _____

Parent/Guardian Name and Number(s):

School or Club:

A \$100 non-refundable deposit is required with all mail-in applications. The remaining balance is due prior to or at check-in. Please include a **SEPERATE \$75 Damage Deposit Check.**

All online applications must be paid in full at time of registration.

Please make check payable to:
Augsburg Wrestling Camps

Insurance/Health Information

Insurance Company: _____

Insurance Phone: _____

Group/Policy Number: _____

Policy Holder Name: _____

Effective Date of Coverage: ____/____/____

Other Health and Accident Coverage: _____

Medical Conditions/Special Instructions (Please include past injury, medications, and allergies):

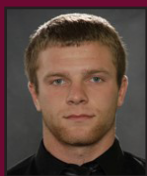
Emergency Contact(s) Name AND Number(s):

I verify that my child has been checked by a licensed physician and is physically able to participate in the wrestling camp. I agree to allow my child to be treated by a licensed physician while attending, if necessary, and to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance company for the purpose of claim. I understand that if this registration is accepted, there is no refund of the deposit if we cannot attend camp.

Parent or Guardian's Signature: _____

Date: _____

Camp Instructors



Jim Moulsoff

Augsburg University Head Coach

Moulsoff coached the 2010 and 2015 NCAA national championship teams and 2009, 2011, 2012, and 2017 national runner-up teams. He has coached 40 NCAA region champions, 46 NCAA All-Americans, eight NCAA national champions, and 38 NWCA Scholar All-Americans. His teams won two NWCA National Duals Team Championships and nine NCAA Regional Championships during his tenure.

Tony Valek

Augsburg University Associate Head Coach

Valek was a four-time national tournament qualifier during his Augsburg career, finishing with a 136-25 record, including 87 bonus-point victories. He was a national runner-up at 149 pounds in both 2009-10 and 2010-11, while finishing third in 2011-12. He continued as the team's graduate assistant in 2012-13, became the head assistant coach in 2014-15 and was named the associate head coach in March 2015 after leading the Auggies to the programs 12th NCAA Team National Championship. He was named NCAA Assistant Coach of the Year in 2015 and NCAA West Regional Assistant Coach of the Year in 2017, 2016, and 2015.

Jeff Swenson

Augsburg Camp Director/Athletic Director

Swenson coached the Auggies to win 10 NCAA National Championships. He was NCAA Coach of the Year 6-times and coach of 158 All-Americans and 39 NCAA National Champions. He was named USA Wrestling Coach of the Year. He was a 3-time All-American and National Champion.

2018 Minnesota State High School Championship Coaches

Link Steffen
Zumbrota-Mazeppa
Class A



Jamie Heldt
Kasson-Mantorville
Class AA



Dan Lefebvre
St. Michael-Albertville
Class AAA



Daily Camp Schedule

8:00 Breakfast
9:00 Technique Session
11:00 Lunch
12:30 Technique Session
2:30 Open Wrestling
3:15 Activities
5:00 Dinner
6:30 Technique Session
8:00 Freetime/Open Wrestling
10:45 Floor Meeting
11:00 Lights Out

How to Register

ONLINE: All online applications must be paid in full with credit card at the time of registration. To apply online, go to:
www.augsburgwrestling.com

MAIL: Complete the attached registration form and include a non-refundable deposit of \$100.

Please make checks payable to
Augsburg Wrestling Camps

**32nd Annual
Augsburg Wrestling
Technique Camp**
June 10th - June 14th, 2018
Ages 8-18

**12-Time NCAA
National Champions**



Camp Details and Online Registration at:
www.augsburgwrestling.com
Camp Hotline: 612-330-1610

Augsburg University Wrestling Camps

2211 Riverside Ave CB 313
Minneapolis, MN 55454

Jeff Swenson, Camp Director
Cell: 612-327-0708

2018 Waiver and Release of Liability

In consideration of my participation, I hereby forever release and covenant not-to-sue Augsburg University, the Augsburg University Board of Trustees, and any of their employees, instructors, volunteers, agents, and all others who are involved, from any and all present and future claims resulting from ordinary negligence on the part of the University or others listed for property damage, personal injury, or wrongful death, arising as a result of my engaging in Wrestling Camp activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims both present and future, resulting from ordinary negligence, that may be made by me, my family, estate, heirs, estate or assigns, and I relinquish on behalf of myself, spouse, heirs and assigns the right to recover for injury or death.

I am aware that wrestling is a vigorous activity that can involve severe cardiovascular stress and violent physical contact. I understand that Wrestling Camp involves certain risks and activities incidental thereto, including, but not limited to, travel to and from the site of the activity, participation at sites that may be remote from available medical assistance, and the possible reckless conduct of other participants.

I am voluntarily participating in this activity with knowledge of the danger involved and hereby agree to accept any and all risks of property damage, personal injury, or death.

I acknowledge that while the University will make every reasonable effort to minimize exposure to known risks, all stresses and hazards associated with this activity cannot be foreseen. I have a personal responsibility to follow safety rules and procedures established by (my leaders, coaches, etc.) and will make them aware of any point in which I question my ability to participate in any activity. I further agree to indemnify and hold harmless Augsburg University and others listed for any and all claims arising as a result of my participation in wrestling camp activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of the State of Minnesota, and I agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be in the State of Minnesota.

As the parent/legal guardian of the participating wrestler(s), I am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may be available to me for the ordinary negligence of Augsburg University or any of the parties listed above. I understand that this agreement is a binding legal document.

CAUTION: READ THIS DOCUMENT CAREFULLY BEFORE SIGNING:

Name of Wrestler(s)

(Address and Telephone Number)

(Signature of Parent/ Guardian if Participant is a minor) Date signed

FAX TO: AUGSBURG UNIVERSITY WRESTLING OFFICE @ (612) 330-1372