

## AUGSBURG WRESTLING FATHER SON CAMP

### 5th Annual AUGSBURG WRESTLING FATHER-SON CAMP



### FATHER-SON SCHEDULE

#### FRIDAY:

Check-In 6:00pm  
6:30pm- BBQ  
7:30-9:00pm-Technique  
Session/Games  
9:00pm-Highlight Video  
10:00pm-Late Night Snack

#### SUNDAY:

7:30-8:30am- Breakfast  
9:00-10:30am- Technique  
Session/Games  
11:00am- Checkout

#### SATURDAY:

7:30-8:30am- Breakfast  
9:00-10:30- Technique Session  
11:00-12:00pm- Lunch  
1:00- 2:30pm- Technique Session  
3:00- 4:00pm- Father Activity  
3:00-4:00pm-Son Activity  
5:00pm- Twins Game  
10:00pm- Late Night Snack

A GREAT WAY FOR KIDS TO BUILD CONFIDENCE  
AND SELF ESTEEM!!  
T-SHIRTS AND SHORTS CAN BE WORN AT ALL  
PRACTICES.

## AUGSBURG WRESTLING

### 5th Annual AUGSBURG WRESTLING FATHER-SON CAMP COACHES AND CLINICIANS

#### JEFF SWENSON

Camp Director  
Coach of 10 NCAA Div III  
National Championship Teams  
6-Time NCAA Div III Coach of the Year  
Coached 158 All- Americans  
Coached 39 National Champions  
3- Time All American, National Champion  
USA Wrestling Coach of the Year



#### MARK MATZEK

Head Coach, Augsburg College  
Coach of the 2010 NCAA Div III  
National Champions  
2010 NCAA Div. III Coach of the Year  
3 -Time NCAA All-American  
2-Time NCAA National Champion  
Coached 35 NCAA All- Americans  
Coached 4 Individual National Champions  
Member or Coach of 4 National Championship  
Teams



Augsburg Coaches and Wrestlers will serve as

### CAMP FEES

#### REGISTRATION FEE: \$100

A non-refundable registration fee of \$100 is required  
when you apply for camp.

#### CAMPER FEE: \$300+ \$75 DD

Campers includes room and board (3 meals/day) &  
Camp T-shirt.  
A \$75 Damage Deposit (DD) is required for all campers  
and as a separate check, it will be returned after camp  
providing no damages are incurred.

Please make checks payable to:  
Augsburg College Wrestling

## AUGSBURG WRESTLING FATHER SON CAMP

### 5th Annual AUGSBURG WRESTLING FATHER-SON CAMP

**CHECK-IN:**  
FRIDAY, JUNE 17  
ANDERSON HALL LOBBY  
6:00PM

Camp balance is due plus a \$75 Damage Deposit  
which will be returned after camp providing no  
damages are incurred.



**CHECK-OUT**  
SUNDAY, JUNE 19  
ANDERSON HALL LOBBY  
10:00AM

Camp Details and On-line Registration at:  
[www.augsburgwrestling.com](http://www.augsburgwrestling.com)  
Augsburg College  
2211 Riverside Ave CB 313  
Minneapolis, MN 55454  
CAMP INFO: 612-330-1610