

## HOW TO REGISTER

**ONLINE:** All online applications must be paid in full with credit card at time of registration. To register online, go to:

**www.augsburgwrestling.com**

**MAIL:** Complete the attached registration form and include a non-refundable \$100 deposit.

Make checks payable to  
**Augsburg Wrestling Camps**



## SPECIAL FEATURES

- \*One-on-one instruction and coaching
- \*Special instruction for new wrestlers
- \*Laundry services every day
- \*Camp Notes to take home
- \*Free Camp T-Shirt
- \*Augsburg University Wrestlers and Coaches serve as Camp Counselors
- \*Licensed Athletic Trainer at all sessions
- \*Camp Store with Auggie Wrestling Apparel
- \*Instruction from 2020 Minnesota State High School Championship Coaches

## CAMP AWARDS

“Auggie Award” Trophies, “Mr. Hustle” Trophies  
“Most Valuable Wrestler” Trophies, Dual Meet  
Team Champions and Individual and Team 1st,  
2nd and 3rd Place Tournament Trophies.

## Registration Form: Technique Camp

\_\_\_\_ I am a Camper @ \$375

\_\_\_\_ I am a Commuter @ \$275

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Roomate Request: \_\_\_\_\_

Grade Next Fall: \_\_\_\_\_

Weight: \_\_\_\_\_ Sex: M F Age: \_\_\_\_\_

Parent/Guardian Name and Number(s):  
\_\_\_\_\_  
\_\_\_\_\_

School or Club: \_\_\_\_\_

**A \$100 non-refundable deposit is required with all mail-on applications.** The remaining balance is due prior to or at check-in. Please include a SEPERATE \$75 Damage Deposit Check. All online applications must be paid in full at time of registration.

**Please make checks payable to:  
Augsburg Wrestling Camps.**

## Insurance/Health Information:

Insurance Company: \_\_\_\_\_

Insurance Phone: \_\_\_\_\_

Group/Policy Number: \_\_\_\_\_

Policy Holder Name: \_\_\_\_\_

Effective Date of Coverage: \_\_/\_\_/\_\_\_\_

Other Health and Accident Coverage:  
\_\_\_\_\_

Medical Conditions/Special Instructions  
(Please include past injury, medications, and allergies):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Emergency Contact(s) Name AND Number(s):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I verify that my child has been checked by a licensed physician and is physically able to participate in the wrestling camp. I agree to allow my child to be treated by a licensed physician while attending, if necessary, and to assume all costs related to such treatment. I authorize the disclosure of my medical information to my insurance company for the purpose of claim. I understand that if this registration is accepted, there is no refund of the deposit if we cannot attend camp.

Parent or Guardian's Signature:  
\_\_\_\_\_

Date: \_\_\_\_\_

# 2020 Minnesota State High School Championship

## Coaches



**Jake Lorentz**  
Long Prairie  
Grey Eagle  
Class A



**Will Short**  
Simley  
Class AA



**Jim Jackson**  
Shakopee  
Class AAA

## Daily Camp Schedule

8:00 Breakfast  
9:00 Technique Session  
11:00 Lunch  
12:30 Technique Session  
2:30 Open Wrestling  
3:15 Activities  
5:00 Dinner  
6:30 Techique Session  
8:00 Freetime and Open Wrestling  
10:45 Floor Meeting  
11:00 Lights out!



## Camp Instructors



**Jeff Swenson**  
**Augsburg Camp Director/Athletic Director**  
Swenson coached the Auggies to 10 NCAA National Championships. He was NCAA Coach of the Year 6-times and coach of 158 All-Americans and 39 NCAA National Champions. He was named USA Wrestling Coach of the Year. He was a 3-time All-American and National Champion.



**Jim Moulsoff**  
**Augsburg University**  
**Co-Head Wrestling Coach**

Moulsoff coached the 2010, 2015 and 2019 NCAA National Championship teams and 2009, 2011, 2012, and 2017 national runner-up teams. In 2019, Moulsoff coached 4 NCAA National Champions and was named NCAA Division 3 Coach of the Year for the second time.



**Tony Valek**  
**Augsburg University**  
**Co-Head Wrestling Coach**

Valek joined the Augsburg Coaching Staff in 2012-13 as the team's graduate assistant. He became assistant head coach in March 2015 and was promoted to Co-Head Coach in Spring of 2019. He was named NCAA Assistant Coach of the Year in 2015 and NCAA West Regional Assistant Coach of the Year 5 years in a row.

# 34th Annual Augsburg Wrestling Technique Camp

June 14th-18th, 2020  
Ages 8-18

## 13-TIME NCAA National Champions



Visit our Website:  
[www.augsburgwrestling.com](http://www.augsburgwrestling.com)  
Call us:  
**Camp Hotline: 612-330-1610**

**Augsburg University Wrestling Camps**  
2211 Riverside Ave CB 313  
Minneapolis, MN 55454  
**Jeff Swenson, Camp Director**  
Cell: 612-327-0708