



AUGSBURG UNIVERSITY WRESTLING TECHNIQUE CAMP DAILY SCHEDULE

June 11th-15th, 2023



SUNDAY, JUNE 11th

12:00pm - 2:00pm	Check-in - Augsburg's Kennedy Center
1:00pm - 2:00pm	Commuter Check-In - Augsburg's Kennedy Center
2:45pm - 3:00pm	Skin Checks
3:00pm - 5:00pm	Technique Session
5:00pm - 6:30pm	Dinner
6:30pm - 8:30pm	Technique Session
8:30 - 10:30pm	Free Time (Movie at 8:45pm in the East Cafe)
10:45pm - 11:00pm	Floor Meeting and Lights Out!

Clinicians

Jim Moulsoff (Augsburg Associate Head Coach, 2015 & 2019 NCAA DIII National Coach of the Year)

Tony Valek (Augsburg Head Coach, 2023 NCAA DIII Coach of the Year, 3X NCAA All-American & 2X National Finalist)

TUESDAY, JUNE 13th Continued

12:30pm - 2:15pm	Technique Session
2:15pm - 3:00pm	Open Wrestling (Optional)
3:00pm - 4:30pm	Activities
5:00pm - 6:30pm	Dinner
6:30pm - 8:30pm	Individual Tournament
8:30pm - 10:30pm	Free Time (Movie at 8:45pm in the East Cafeteria)
10:45pm - 11:00pm	Floor Meeting and Lights Out!

Clinicians

Will Short (Simley High School Head Coach, 2023 MN AA Team State Championship Coach)

MONDAY, JUNE 12th

8:00am - 9:00am	Breakfast
9:00am - 10:45am	Technique Session
10:45 AM	Open Wrestling (Optional)
11:00am - 12:30pm	Lunch
12:30pm - 2:15pm	Technique Session
2:15pm - 3:00pm	Open Wrestling (Optional)
3:00pm - 4:30pm	Activities
5:00pm - 6:30pm	Dinner
6:30pm - 8:15pm	Technique Session
8:15pm - 10:30pm	Free Time (Movie at 8:45pm in the East Cafe)
10:45pm - 11:00pm	Floor Meeting and Lights Out!

Jeff Swenson (Augsburg Athletic Director, 10x NCAA Team National Championship Coach)

Sam Stuhl (2023 NCAA DIII 141 National Champions, 4-Time WI High School State Champion)

Justin Koob (Augsburg Head Assistant Coach & Coach of 2022 United States Freestyle World Championship Team)

WEDNESDAY, JUNE 14th

8:00am - 9:00am	Breakfast
9:00am - 10:45am	Technique Session
10:45 AM	Open Wrestling (Optional)
11:00am - 12:30pm	Lunch
12:30pm - 2:45pm	Dual Meet #1 & #2
2:45pm - 3:30pm	Open Wrestling (Optional)
3:30pm - 4:30pm	Activities
5:00pm - 6:30pm	Dinner
6:30pm - 8:30pm	Dual Meet Round #3
8:30pm - 10:30pm	Free Time (Movie at 8:45pm in the East Cafeteria)
10:45pm - 11:00pm	Floor Meeting and Lights Out!

Rotating 2023 NCAA National Championship Augsburg Wrestling Team Rotating Technique Sessions

THURSDAY, JUNE 15th

8:00am - 9:00am	Breakfast
9:00am - 10:45am	Technique Session
10:45 AM	Open Wrestling (Optional)
11:00am - 12:30pm	Lunch

Luke Vaith (Hastings Assistant Coach, 2023 MN AAA Team State Champions, 2X NCAA DI National Qualifier at Hofstra)

8:00am - 9:00am	Breakfast
9:00am - 9:30am	Clean up Room and Pack
9:30am - 11:00am	Dual Meet Tournament Concludes
11:00am - 11:30am	Camp Awards Ceremony
11:30am - 12:00pm	Check-Out

Parents may attend all sessions and will take place in the Si Melby Gym
All Meals will be served in the cafeteria in the Christenson Center upper level

Laundry drop off is M-T-W before the 9am session in the gym lobby and will be ready for pick up at 6:30pm in the gym lobby